

Dr. Meenakshi Sundaram

M.D, DNB (Obs&Gyn)

- Consultant Gynecological endoscopic and Robotic surgeon
- Diploma in Advanced Endoscopy, Beams Hospital, Mumbai
- Diploma in Advanced Endoscopy, Kiel, Germany
- Robotic surgery training-Florida, USA
- Managing Committee Member Indian Association of Gynecological Endoscopists - (IAGE)
- Has Conducted LIVE workshops in various cities and faculty in National and International Conferences
- Has authored several publications in International and National journals and chapters in various books.

CURRICULUM VITAE

PERSONAL PARTICULARS

Dr. Meenakshi Sundaram



Date of Birth : 17th September 1975

Place of Birth : Chennai, India

Marital Status : Married

Present Address : D3, Sneha Sadan, Karpagam avenue
94, Santhome high road, RA Puram, Chennai-28

Medical School : Madras Medical College
Institute of Obstetrics and Gynecology, Chennai

Qualifications:

MBBS: Madras Medical College 1997, TamilNadu Dr.MGR medical university

MD: Madras Medical College 2003, TamilNadu Dr.MGR medical university

DNB: Diplomate of National Board of Examinations 2004

Diploma in advanced endoscopy: 2008, Beams hospitals, Mumbai

Diploma in Gynaecological Endoscopy : 2008, Christian Albrecht's University of Kiel, Germany

Robotic surgery training: Celebration Hospitals, Florida, USA

Training in Endoscopy:

Beams hospitals, Minimal access surgery centre (2005 – till date)

Consultant endoscopic surgeon at Beams hospitals. Trained with Dr.Rakesh Sinha.

Christian Albrecht's University, Kiel, Germany

Diploma in advanced endoscopy. Observed and assisted all procedures like Laparoscopic Supracervical hysterectomy, Ovarian cyst and myomectomy.

IAGE (Indian Association of Gynaecological endoscopists) –Managing committee member.

Robotic surgery:

Trained at Celebration hospitals, Florida, USA with Dr. Arnold Advincula.

Performed robotic hysterectomies and myomectomies independently

Appointments:

KEM hospital, Mumbai: Lecturer (May 2004-July 2005)

Joseph Nursing Home, Chennai (April 2003-Oct 2003)

Tata Memorial Hospital: Surgical observer in Oncology (Feb 2004-May 2004)

Beams hospital, Mumbai: (Aug 2005-Aug 2008)

ACHIEVEMENTS:

Gold Medals:

Mira Sengupta Gold medal for MD Obstetrics and Gynaecology

Mr. Esther Sergaon Lazarus Gold medal for MD Obstetrics and Gynaecology

Prof C.Senthilnathan Gold medal for Best outgoing Lady student

Viceroy's Gold medal for highest marks in Final MBBS

Balfour Gold medal for Surgery by TamilNadu MGR medical University

Dr.K.Govindamenon Memorial Gold medal for Anatomy

Dr.Sundara Reddy memorial fund for Best student anatomy

Dr.VNC Rao medal for Best student in Anatomy

Lady Grant Duff Gold medal for Best outgoing Hindu lady student

Medicos 82 award for Preclinical course

Gold medal in Physiology

School:

4th rank in the state in X std and State Second in Sanskrit

4th rank in the state in XI std and State first in Sanskrit

Progress 2001 conference: First prize for Stall quiz

Progress 2003: First prize for Stall quiz

IAGE conference Delhi 2005: First prize for paper presentation: TLH with Harmonic Ultracision

IAGE conference Chennai 2009: First prize for paper: Laparoscopic removal of odd located fibroids

Asia Pacific conference in Gynaecological endoscopy (APAGE) Singapore: First prize for paper (2010): Total Laparoscopic hysterectomy for previous cesarean sections.

Conferences Organized: (Organising secretary)

Just Fibroids Conference in January 2006 at J.W.Marriott Hotel Juhu, with 400 participants (Gynaecologists & Surgeons).

Just Hysterectomy Conference in November 2006 at J.W.Marriott Hotel Juhu, with 450 participants (Gynaecologists & Surgeons).

Just Fibroids...in pursuit of excellence in October 2007 at J. W. Marriott Juhu, with 400 participants (Gynaecologists & Surgeons).

Just Complications....flirting with disaster in October 2008 at J. W. Marriott Juhu, with 400 participants (Gynaecologists & Surgeons).

Just Haemostasis....safe endoscopy in October 2009 at J. W. Marriott Juhu, with 400 participants (Gynaecologists & Surgeons).

Just controversies in October 2010 T Grand Hyatt, with 500 participants
3D laparoscopy: January 2012 and October 2012: Mumbai

INTERNATIONAL PUBLICATIONS

Total Laparoscopic Hysterectomy with Earlier Uterine Artery Ligation

Journal of Minimally Invasive Gynecology (2008) 15, 355-359

Rakesh Sinha, MD, Meenakshi Sundaram, MD, DNB*, Yogesh A. Nikam, MD

Total Laparoscopic hysterectomy for women with previous cesarean section

Journal of Minimally Invasive Gynecology (2010) 17, 513-517

Rakesh Sinha, MD, Meenakshi Sundaram, MD, DNB*, Dr.Smita lakhotia

Cervical Myomectomy with Uterine Artery Ligation at Its Origin

Journal of Minimally Invasive Gynecology (2009) 16, 604-8

Rakesh Sinha, MD, Meenakshi Sundaram, MD, DNB*, Smita Lakhotia, MD, and
Aparna Hegde, MD

Single incision laparoscopic hysterectomy

Journal of Minimal access surgery (2011)

Rakesh Sinha, Meenakshi Sundaram, Chaitali Mahajan.

Laparoscopic myomectomy for Large Submucous myomas

Journal of Gynaecological surgery

Rakesh Sinha, Meenakshi Sundaram, Chaitali Mahajan

Recurrent Leiomyomatosis

Journal of Minimally Invasive Gynecology, Vol 16, No 6, November/December 2009

Rakesh Sinha, MD, Meenakshi Sundaram, MD, DNB*, and Smita Lakhota, MD

Multiple leiomyomas after laparoscopic hysterectomy: Report of two cases

Journal of Minimally Invasive Gynecology (2007) 14, 123-127

Rakesh Sinha, MD, Meenakshi Sundaram, MD, Chaitali Mahajan, MD, and Aparna Sambhus

Multiple Intraabdominal Parasitic Cystic Teratomas

Journal of Minimally Invasive Gynecology (2009) 16, 789-791

Rakesh Sinha, MD, Meenakshi Sundaram, MD, DNB*, and Smita Lakhota, MD

Pelvic Schwannoma Masquerading as Broad Ligament Myoma

Journal of Minimally Invasive Gynecology (2008) 15, 217-219

Rakesh Sinha, MD, Meenakshi Sundaram, MD*, Aparna Hegde, MD

Retained Uterine Fundus after Vaginal Hysterectomy

Journal of Minimally Invasive Gynecology (2010) 17, 94-96

Rakesh Sinha, MD*, Smita Lakhota, MD, Meenakshi Sundaram, MD, DNB, Gayatri Manaktala, DGO, DNB, Parul Shah, MD, and Chaitali Mahajan, MD

Laparoscopic Myomectomy: Do Size, Number, and Location of the Myomas Form

Limiting Factors for Laparoscopic Myomectomy?

Journal of Minimally Invasive Gynecology (2008) 15, 292-300

Rakesh Sinha, MD, Aparna Hegde, MD, DNB*, Chaitali Mahajan, MD, Nandita Dubey, MD, and Meenakshi Sundaram, MD, DNB

3D Laparoscopy-Technique and Initial experience with 451 cases.

Rakesh Sinha, Meenakshi Sundaram, MD, DNB, Shweta Raje et al

Journal of gynecological surgery 2013

NATIONAL PUBLICATIONS:

“Total laparoscopic hysterectomy for Large Uterus” - Rakesh Sinha, Meenakshi Sundaram, Smita Lakhota, Chaitali Mahajan. Journal of Gynaecological endoscopy and Surgery May 2009.

“Laparoscopic management of Large Myomas”. Journal of Gynaecological endoscopy and Surgery.

“Parasitic fibroids after morcellation”. Journal of Gynaecological endoscopy and Surgery.

“Endometrial carcinoma presenting as snow ball in the pelvis”. Journal of Gynaecological Surgery.

Uterine artery ligation. Journal of Gynaecological endoscopy and surgery

Book Chapters:

Surgical management of Endometrioma – Kamini Rao manual on Infertility

Medical management of Endometriosis – Kamini Rao manual on Infertility (II)

TLH for large uterus – Nova Publishers – Newyork

Laparoscopic management of large myomas-Gunasheela book

Newsletter articles IAGE:

Total laparoscopic hysterectomy for previous cesarean sections

Cervical myomectomy with Uterine artery ligation at its Origin

Total laparoscopic hysterectomy with Harmonic ultracision

FOGSI Focus:

Article on “Endometrial thermal ablation Vs Transcervical resection of the endometrium (TCRE)”

Johnson & Johnson Newsletter:

Sterilisation of Laparoscopic instruments

Faculty for training programs in mumbai and Chennai with Ethicon institute of surgical education (EISE):

Conducted workshops for trainees in vessel sealing devices and animate lab training. Training on advanced laparoscopic suturing skills.

Faculty in Workshops and conferences		
Year	Place	Topic
2006-January	Mumbai	Just fibroids-Organising committee
2006-July	Aurangabad	workshop
2006-August	Gwalior	workshop
2006-September	Jaipur	workshop
2006-November	Mumbai	Just hysterectomy-The summit-Organising secretary
2007-April	Nasik	workshop
2007-May	Coimbatore	workshop
2007-June	Ahmedabad	workshop
2007-November	Mumbai	Just Fibroids-In pursuit of excellence-Organising secretary
2008-February	Indore	workshop
2008- September	Bangalore KSOGA	Workshop
2008- November	Beams conference- Just complications	Organising secretary
2008-December	Delhi-Jeevan Mala hospital	workshop
2009-January	Coimbatore	Demonstrated TLH
		Talk on -Is LAVH outdated
2009- February	Chennai-GET 2009	Talk on Lap myomectomy for odd located fibroids
2009-march	Amritsar	Just hysterectomy-Organising secretary -Demonstrated TLH, Workshop Lecture on TLH in previous cesarean sections
2009- June	Hyderabad	workshop
2009- September	Bangalore	workshop
2009- October	Beams conference- Just Haemostasis	Organising secretary
2009-October	Amritsar-Parvati Devi hospital	Workshop
2010-February	Coimbatore	Demonstrated TLH with Endometriosis
2010-March	Ahmedabad	Workshop
2010- May	Jaipur	Workshop
2010-July	Delhi	Workshop
2010-September	Asia pacific endoscopy conference	Workshop
	Singapore	TLH in previous cesarean sections Single incision

		laparoscopic hysterectomy
2010-October	conference-Just controversies	Controversies in laparoscopic myomectomy
2010-December	Baroda-IAGE conference	Workshop Single incision laparoscopic surgery
2011-February	Coimbatore	Workshop
2011-June	Pune-IAGE conference	Demonstrated submucous myoma
2012-Jan	Beams hospitals conference	Demonstrated submucous myoma resection
2012-Jan	Beams hospitals conference	Lecture on Robotics in gynecology
2012-Aug	Calcutta IAGE national conference	Lecture on Robotics in gynecology

Lectures in conferences

2006	MOGS	Laparoscopic ureteroneocystostomy
2006-May	IAGE-Delhi	TLH with Harmonic Ultracision
2006-August	Gwalior	Energy sources in laparoscopy
2006-October	Yuva FOGSI	Hysteroscopic myomectomy
2006-November	FOGSI-Chennai	TLH for large Uterus
2007-January	AICOG-Cochin	Laparoscopic ureteroneocystostomy
2007-May	Coimbatore	Lecture on Lap removal of submucous fibroids
2007-June	Ahmedabad	Lecture on Harmonic Ultracision
2007-September	Mumbai	Energy sources in laparoscopy
2007-November	Mumbai	Just Fibroids-In pursuit of excellence -Organising secretary-Lecture on Haemostasis in laparoscopy
2008- November	Beams conference-Just complications	Bleeding in laparoscopy
2008-December	Delhi-Jeevan Mala hospital	Lecture on Lap removal of fibroids in odd location
2009-January	Coimbatore	Talk on -Is LAVH outdated
2009- February	Chennai-GET 2009	Talk on Lap myomectomy for odd located fibroids
2009-march	Amritsar	Lecture on TLH in previous cesarean sections
2009- June	Hyderabad	Talk on TLH in previous cesarean sections
2009- September	Bangalore	Talk on Lap myomectomy for odd located fibroids
2009- October	Beams conference- Just Haemostasis	Talk on Uterine artery ligation
2010-March	IAGE-Ahmedabad	Harmonic ultracision
2010-June	IAGE-Delhi	Laparoscopic myomectomy with uterine artery ligation
2010-August	EISE_Chennai	Energy sources for Total laparoscopic hysterectomy
2010-August	EISE-chennai	Faculty for training course on basics of laparoscopy
2010-September	Singapore-APAGE	Total Laparoscopic Hysterectomy in previous cesarean sections
		Single incision laparoscopic hysterectomy
2010-October	Mumbai_BEAMS	Talk on controversies in laparoscopic myomectomy
2010-October	Bangalore-RAGE	Talk on total laparoscopic hysterectomy in previous cesarean sections
2010-December	Baroda	Talk on Single incision laparoscopic surgery
2011-January	Hyderabad-AICOG	Total laparoscopic hysterectomy in previous cesarean sections

2011-February	Coimbatore-Insight 2011	Hysterectomies in challenging situations
2011-February	Aurangabad-IAGE	Laparoscopic myomectomy with uterine artery ligation
2011-April	SILSCON-2011	Single incision laparoscopic myomectomy
2011-June	IAGE Annual workshop	Submucous myomas Demonstrated hysteroscopic myomectomy
2011-October	Apollo hospitals-SILS workshop	Talk on SILS in gynaecology
2011-October	Vietnam-J&J	Workshop on advanced laparoscopy
2011-October	Apollo hospitals	Da-Vinci-Robotic training
2011-November	Manipal hospital	workshop on advanced laparoscopy
2012-January	Muscat	Talk on laparoscopy for fibroids
2012-January	Delhi	Workshop on robotic surgery
2012-January	Mumbai-Beams 3D conference	Talk on Robotic surgery in gynaecology
2012-February	Hyderabad	Workshop on laparoscopic hysterectomy
2012-February	Tanzania	Talk on Minimal access in gynaecology
2012-March	Florida –US	Robotic surgery training at celebration hospitals
2012-August	IAGE conference	Robotic sugery in gynecology lecture
2012-September	Delhi-Narchi workshop	Laparoscopic myomectomy talk
2012-November	Mumbai-Beams conference	Demonstrated TLH with Thunderbeat, Talk on Robotics in gynecology
2012-December	Kanyakumari-IMA	Talk on Minimal invasive treatment for fibroids
2013-February	IAGE-Delhi	Talk on Robotic surgery in gynecology
2013-March	Apollo hospitals,Chennai	Womens health issues
2013-May	IAGE-Bangalore	Robotic myomectomy
2013-June	IAGE-Mumbai	Talk on Thunderbeat